

3 DAYS OF THE KEMPEN

2025

BULLETIN



Dear orienteering friends,

On behalf of the Kempische Oriëntatielopers, I warmly welcome you to the '3 days of the Kempen 2025'.

After the overwhelming success of the North Sea Trophy in November 2024, there was not much time for our club to relax. Preparations for this 3-day event had already started. For this edition we have done a complete remapping of the day 2 event, and the maps of the 2 other days were completely revised. For day 3 we have expanded the map with a new zone.

Our volunteers are ready to provide you with an unforgettable orienteering weekend on and around the military domain of Helchteren. It is thanks to them that we can organize such an event. Thank for your dedication!

We would also like to thank the Ministry of Defense, and Camp Beverlo in particular, for their willingness and assistance during the preparations for this 3-day event.

For now, I wish you a pleasant stay and hope that we can enjoy our sport together in an atmosphere of friendship and fair play.

Ronald Somers, chairman KOL

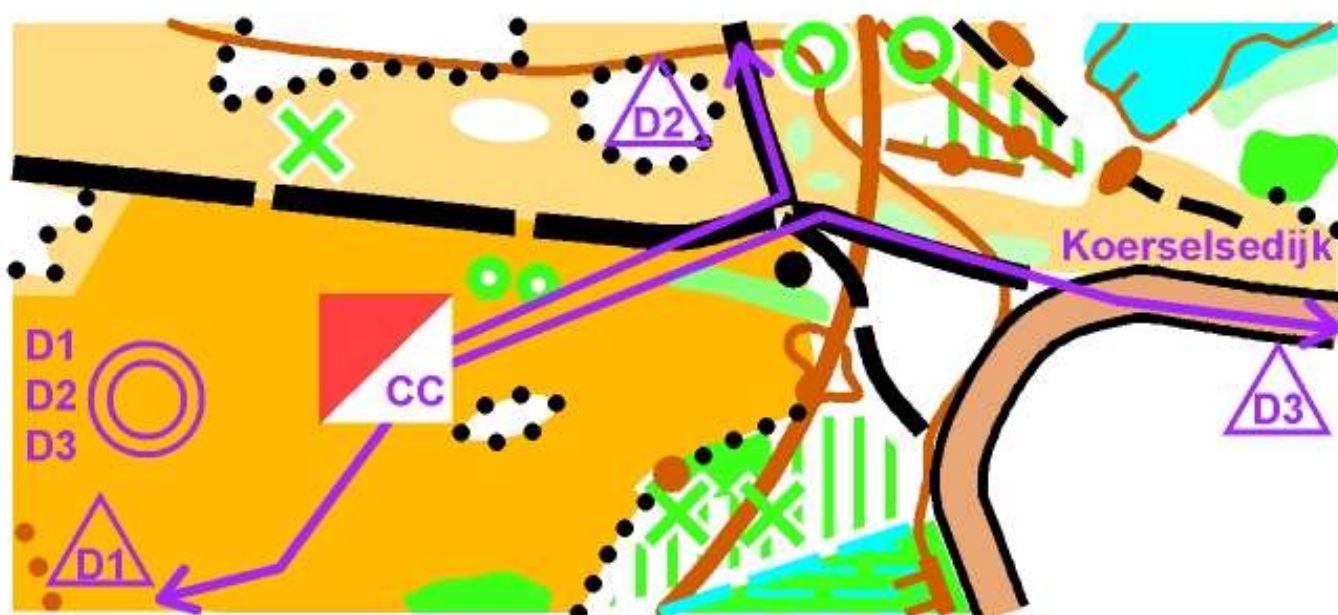


LOCATION

The competition centre is located in a tent on the meadow at the end of the Koerselsedijk in Houthalen-Helchteren, signposted from Grote Baan, N715 between Helchteren and Hechtel.

Parking is available next to Koerselsedijk, as directed by the parking attendant.
Distance to the CC: 100-500 m.

The Competition Centre will open on Friday August 15th, at 11 a.m. On the other days, it will open at 9 a.m. and it will remain open until two hours after the last start.



BIB NUMBERS, FINISH, AND REGISTRATION

All participants in the three-day courses will receive a bib number. They can be collected by the club representative or individual participants at the CC before the start of the first race.

SPORTident will be used. SI-Air is activated.

Rented SPORTidents will be distributed along with the bib number. They must be returned after the last stage.

Registration (read out your SI) after the finish is mandatory, even in case of withdrawal.

GENERAL TECHNICAL INFORMATION

The scale of the maps is 1/7500 for all courses

The controls are spaced at least 60 meters apart for similar objects and 30 meters apart for clearly different objects.

Due to their frequent relocation, the individual hunting towers are not shown on the map. The anchored towers are.

Special symbols/features :

- X : Bench
- O : All other man-made objects
- ○ : Large, remarkable tree
- ○ : Remarkable tree, usually a holly
- X : Tree stump: Generally more than 1 meter tall, or if smaller, clearly distinguishable from its surroundings.
- ● : Knoll : can be either a small hill, or a large root ball with a lot of soil attached to it, with the appearance of a knoll.
- || : Paved bike path

The composition of the jury will be posted at the CC. Complaints can be submitted through the organisation or directly to the jury until 10 minutes before the start of the prize giving ceremony.

The courses will be published after the competitions on Livelox.

Each day, the finish will be at the CC.

The courses will close 3 hours after the last start for the long-distance races and 2 hours after the last start for the middle-distance race.

COMPETITIONS

Day 1: Middle distance; first start at 3.00 p.m.

Day 2: Shortened long distance; first start at 10:00 a.m.

Day 3: Shortened long distance; first start at 10:00 a.m.

START TIMES AND RESULTS

The participant list and start times are available via <https://helga-o.com/start/>. You can find the results at <https://helga-o.com/webres/>.

Day courses SE, SD, LE, LD, SX, and W/M -10 and W/M -10 B have a free start.

ON-SITE REGISTRATION

On-site registration will only be possible for courses SD, LD, SE, LE, and SX. (SX is the day course at level W/M-10)

- W/M-18 and younger: €10
- W/M-20 and older: €15

PRIZE GIVING CEREMONY

The first three participants in each unaccompanied age category will receive a prize after day 3. Participants in the W/M -10 and W/M -10 B categories will all receive a participation prize.

KIDS-O

A Kids-O is scheduled for all days. Participation fee: €1.

CATERING

Water will be provided at the finish. The cafeteria will offer drinks and sandwiches daily.

HOPITAL HEUSDEN-ZOLDER

Pastoor Paquaylaan 129, 3550 Heusden (12 km)

Telephone : 011/71.50.00

TOILETS

Toilets are placed in the vicinity of the CC.

BULLETIN

The bulletin is not made available in printed form.

INFO DAY 1 : HELCHTERENBOS WEST – AUGUST 15, 2025

Mapping : Frank Aerden (spring 2025)

Course setter : Frank Aerden, Event Advisor : Anne-Marie Delanghe

Terrain : We start in a partially open area, difficult to navigate due to ferns, surrounded by a predominantly pine forest. The central section of the map is an open area with heath, grass and a dune belt. Scattered throughout are some small copses, trees and saplings. The runnability is moderate to good, depending on the height of the grass and heath. The path network consists primarily of military tracks. We finish in a flat and open deciduous forest with very good runnability. Due to the wet spring, ferns and grasses are high. Due to the subsequent dry period, most of the marshes have dried out, but are still clearly visible. Ponds may also be slightly smaller than shown on the map.

Distance from CC to the start = 1400 m (signposted)

Start : 3 p.m. – 5:15 p.m.

Control descriptions are separately available at the start and are only on the map for W/M -10(B) and SX.

Course	Category	Scale	Distance (km)	Controls
1	ME	1/7500	7,4	24
2	M21, M35	1/7500	7,0	24
3	WE, W-20, M40	1/7500	6,5	24
4	W-18, M45	1/7500	5,9	21
5	W-20, W21, W35, M50	1/7500	5,6	18
6	W-18, W40, M-16, MB, M55	1/7500	4,9	18
7	W45, M60	1/7500	4,5	15
8	W-16, W50, M65	1/7500	4,1	15
9	WB, W55, M-14	1/7500	4,7	16
10	W-14, W60, M70	1/7500	3,4	12
11	W65, M75	1/7500	3,2	11
12	W70, W75, W80+, M80+	1/7500	3,0	11
13	W-12, M-12	1/7500	2,5	10
14	W-10(B), M-10(B)	1/7500	2,5	11
15	SE	1/7500	3,7	14
16	LE	1/7500	6,3	19
17	SD	1/7500	3,7	14
18	LD	1/7500	6,2	20
19	SX	1/7500	2,5	10

INFO DAY 2 : KOERSEL FONTEINTJE – AUGUST 16, 2025

Mapping : Christian Stoffels (spring 2025)

Course setter : Jean-Pierre Kellens, Event Advisor : Anne-Marie Delanghe

Terrain : A typical 'Kempen' forest, mostly pine trees, but with scattered patches of deciduous trees. The path network is extensive. The linear traces are sometimes difficult to distinguish, especially when crossing them. Since the map was created, visibility at eye level has been significantly reduced by the low-hanging foliage caused by the wet spring. The runnability is slightly to severely obstructed. The areas with undergrowth are mostly ferns that can reach up to 2m in height. These sections are passable but require considerable physical effort. Areas with blueberries are not drawn as undergrowth. Pay attention to the very detailed terrain, partly hidden by the blueberry bushes.

Distance from CC to the start = 1300 m (signposted)

Start : 10:00 a.m. – 12:15 p.m.

Control descriptions are available separately at the start and are only on the map for W/M-10(B) and SX.

Course	Category	Scale	Distance (km)	Controls
1	ME	1/7500	10,1	26
2	M21, M35	1/7500	9,3	17
3	WE, W-20, M40	1/7500	8,2	20
4	W-18, M45	1/7500	7,7	20
5	W-20, W21, W35, M50	1/7500	6,8	17
6	W-18, W40, M-16, MB, M55	1/7500	6,2	16
7	W45, M60	1/7500	5,6	15
8	W-16, W50, M65	1/7500	5,0	12
9	WB, W55, M-14	1/7500	4,7	15
10	W-14, W60, M70	1/7500	4,2	15
11	W65, M75	1/7500	3,6	13
12	W70, W75, W80+, M80+	1/7500	3,4	12
13	W-12, M-12	1/7500	2,7	10
14	W-10(B), M-10(B)	1/7500	2,3	11
15	SE	1/7500	3,8	17
16	LE	1/7500	7,1	16
17	SD	1/7500	4,1	11
18	LD	1/7500	7,3	18
19	SX	1/7500	2,6	10

INFO DAY 3 : KRAANBERG-HELCHTERENBOS OOST – AUGUST 17, 2025

Mapping : Christian Stoffels (map extension) en Frank Aerden (spring 2025)

Course setter : Frank Aerden, Event Advisor : Anne-Marie Delanghe

Terrain : We start in a newly drawn extension of the map: a primarily pine forest with moderate to good runnability. The area contains many linear traces that can be difficult to distinguish, especially when crossing them. Due to the wet spring, the foliage is denser than usual, which partially obstructs the visibility in this part of the forest. After this part, you must cross a paved road. This is done with a mandatory passage that is signposted. There won't be a time neutralization. Crossing the road elsewhere is prohibited. A steward is there to stop traffic. The next part is a technical challenging section in an open area with heath, grass and land dunes. Scattered throughout are some small copses, trees and saplings. The path network consists primarily of military tracks. We finish again in a flat and open deciduous forest with very good runnability.

Distance from CC to the start = 1500 m (signposted)

Start : 10:00 a.m. – 12:15 p.m.

Control descriptions are available separately at the start and are only on the map for W/M-10(B) and SX.

Course	Category	Scale	Distance (km)	Controls
1	ME	1/7500	10,6	30
2	M21, M35	1/7500	9,3	29
3	WE, W-20, M40	1/7500	8,5	27
4	W-18, M45	1/7500	7,7	25
5	W-20, W21, W35, M50	1/7500	7,0	23
6	W-18, W40, M-16, MB, M55	1/7500	6,2	22
7	W45, M60	1/7500	5,9	20
8	W-16, W50, M65	1/7500	5,2	17
9	WB, W55, M-14	1/7500	4,8	17
10	W-14, W60, M70	1/7500	4,1	17
11	W65, M75	1/7500	3,7	15
12	W70, W75, W80+, M80+	1/7500	3,6	16
13	W-12, M-12	1/7500	2,6	11
14	W-10(B), M-10(B)	1/7500	2,5	10
15	SE	1/7500	4,1	14
16	LE	1/7500	7,2	25
17	SD	1/7500	4,2	16
18	LD	1/7500	7,5	24
19	SX	1/7500	2,4	10